



## Zen Baby Hat by Elizabeth Mareno

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Bizzy Crochet Designs are *"Imagination On The Move"*

Think of simplicity, functionality, and beauty and you have the *Zen Baby Hat*.

*Zen Baby Hat* pattern is simple enough for the budding crochet student to work on color changes and a few other crochet staples. It is, also, a great pattern for the experienced crochet artist to sit down and whip up for a "quick" project.

Either way, *Zen Baby Hat* is a beautiful addition to your pattern collection!

Easily adaptable for Zen boys!

Sizes 0-3 Month, 3-6 Month and 6-12 Month, instructions included for customizing

**Materials:** Yarn amts are approx

1-2 oz Main Color Worsted Weight (Used- Hobby Lobby "I love this yarn" and Joann's "Sincerity")  
 Small Ball Accent Color Worsted Weight (Used- HL "I love this yarn", Joann's "Sincerity", RHSS)  
 Small Ball Flower Color Worsted Weight or Baby Weight (Used- RHSoft Baby, Caron Wintuk, HL "I love this yarn") \*\*Instructions are included for flowers in both weights\*\*

F & H hook

Large eye needle for assembly and weaving ends

Measuring Tape

Gauge w/H hook: in hdc- 7hdc x 5rows = 2"x2" (each hdc row is approx ½")

**Hat Pattern:** Starting with Main Color

R1- ch2, 6sc in 2<sup>nd</sup> ch from hook, join. (6sc)

R2- ch2 (does not ct as hdc) 2hdc in join and each sc (12hdc)

R3- ch2, hdc in join, 2 hdc in next, (1hdc in 1hdc, 2hdc in next) repeat (18hdc)

drop main color to back of work, join with accent color

R4- ch2, hdc in join and next, 2hdc in next, (1hdc in 2hdc, 2hdc in next) repeat (24hdc)

cut accent color leaving a long enough end to weave in later, pick up main color

R5- ch2, hdc in join and next 2, 2hdc in next, (1hdc in 3hdc, 2hdc in next) repeat (30hdc)

R6- ch1, sc in join and next 3, 2sc in next, (sc in 4hdc, 2sc in next) repeat (36sc)

**0-3 MONTH**

R7- ch2, hdc in join and each around.

Continue R7 until 4-1/2" from beginning. (Sample hat was 6 rows of hdc)

**\*\*FINISHING ROWS for all hat sizes\*\***

After last row of main color, drop main color to back side and add accent color. Repeat R7 with accent color. DO NOT CUT accent color, just drop to the back side and pick up main color.

Repeat R7 with main color one more row.

CUT main color, pick up accent color.

TRIM ROW- ch1, reverse sc in each hdc around. (36 rev sc) Cut accent color and weave ends.

**3-6 MONTH**

R7- ch2, hdc in join and next 4, 2hdc in next, (hdc in 5sc, 2hdc in next) repeat (42hdc)

R8- ch2, hdc in join and each around.

Continue R8 until 5" from beginning. (Sample hat was 7 rows of hdc)

Complete hat with **\*\*FINISHING ROWS\*\*** of 0-3 month hat. (42 rev sc)

**6-12 MONTH**

R7- ch2, hdc in join and next 4, 2hdc in next, (hdc in 5sc, 2hdc in next) repeat (42hdc)

R8- ch2, hdc in join and next 5, 2hdc in next, (hdc in 6hdc, 2hdc in next) repeat (48hdc)

R9- ch2, hdc in join and each around.

Continue R9 until 5-1/2" from beginning. (Sample hat was 8 rows of hdc)

Complete hat with **\*\*FINISHING ROWS\*\*** of 0-3 month hat. (48 rev sc)

**Baby Weight Flower:**

R1- Using your accent color & F hook- ch2, 6sc in 2<sup>nd</sup> ch from hook, cut but leave an end long enough to weave in.

*\*\*Before completing your last sc and joining to your 1<sup>st</sup> sc, join with your baby yarn. Finish the last sc and join with the first sc. This will keep you from showing a "color jog" in the center of your flower.\*\**

R2- In each sc work: \*ch3, 3dc, ch3, sl st in sm sp\*, sl st into the next sp and repeat \* to \*. Join with a sl st to the first sp.

Cut baby yarn, leave a LONG end to sew to hat. Carefully attach; working your stitches in the same grain as your petals so that they blend in.

**Worsted Weight Flower:**

R1- Using your accent color & F hook- ch2, 5sc in 2<sup>nd</sup> ch from hook, cut but leave an end long enough to weave in.

*\*\*Before completing your last sc and joining to your 1<sup>st</sup> sc, join with your worsted weight petal color. Finish the last sc and join with the first sc. This will keep you from showing a "color jog" in the center of your flower.\*\**

R2- In each sc work: \*ch3, 3dc, ch3, sl st in sm sp\*, sl st into the next sp and repeat \*to\*. Join with a sl st to the first sp. (NOTE: If you are using a thick worsted with little flexibility like Caron Wintuk, reduce your dc's to 2 for each petal. It will then read: \*ch3, 2dc, ch3, sl st in sm sp\*)

Cut petal color, leave a LONG end to sew to hat. Carefully attach; working your stitches in the same grain as your petals so that they blend in.

**Customizing Instructions:**

Figuring out how to make a hat to a specific circumference and length is not as hard as one would think. This formula works best for a closer fitting hat (think beanie or ski, not tam or slouchy). I am going to explain this in “beginner’s” terms. When I tried to learn how to do this, every “lesson” I read assumed that you understood math. I won’t assume that of you, because I do not understand math. So, here we go:

1) Take a flexible tape measure or a piece of string and wrap it around your head at the widest part, which is usually your forehead area. If you over lap your pieces, make sure you pinch or otherwise mark where you intersect your pieces. This isn’t terribly scientific but remember that the more “finger” you get behind your measuring piece, the bigger your measurement will be.

2) If you are using a flexible tape measure, look at your number. If you are using a piece of string, measure your piece of string at the intersect. This is your CIRCUMFERENCE.

3) Using a calculator, divide your circumference by 3.1415927 (PI). This will give you your ACTUAL DIAMETER. (**Example:** my head circumference is 23” / 3.1415927= 7.32112727. Obviously, that number is too big to be workable, so we round to the nearest quarter number. I would round mine to a 7.25”.)

4) Here it gets a little funky. You will take your ACTUAL DIAMETER number and minus an inch off. We will call this our WORKING DIAMETER. So, my new WORKING DIAMETER will be 6.25”. Why do we do this? I can’t give you a scientific reason, but I can give you a crocheter’s reason. Having made a few hats using the actual diameter, I discovered they weren’t so great as a hat. But, if I flipped it over and threw a handle on it they made a really nice handbag. Use my mistakes as a learning tool and turn your ACTUAL DIAMETER into a WORKING DIAMETER. 😊

5) Ok, now, in your increase rounds is where you will become an obsessive measure(er). I, actually, measure after each round until I get to know a pattern well. Work increase rounds until you reach your WORKING DIAMETER. After that, no more increases should be needed.

6) After you have reached your WORKING DIAMETER in your increase rounds, you can then start working the “body” of the hat. These are just round after round of your chosen stitch that will be worked until you reach the desired length. In this particular pattern, you should work your body rows until you are 1” short of your total desired length. Then do your bottom color changes and trim rows.

## Crochet Terms Used:

Ch- chain

sl st- slip stitch

sc- single crochet

sm- same

sp- space

hdc- half double crochet

rev sc- reverse single crochet- worked by inserting your hook in the sp to the RIGHT of the current stitch and completing like a regular sc.

dc- double crochet



## Meet the designer:

Hi, I'm Biz! I live in sunny Florida, but I'm originally from the frozen tundra of Wisconsin. I live a "crazy, hectic, married for a couple decades, two homeschooling teenagers, own a small business, and went back to college" life. My specialty is designing learning and imagination toys for children. But, who knows what will strike my fancy next! Stay tuned!!

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